



GETTING READY FOR THE EXAM!

For learning to occur:

Your brain assimilates new information into what you already know and adapts previous knowledge to accommodate new knowledge.

New Information



Current Knowledge



New Knowledge



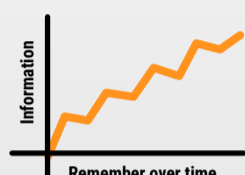
Spaced repetition:

Research shows that we learn and remember better when we spread the items we study over a longer time span instead of repeatedly study in a short time span.

Short term



Long term



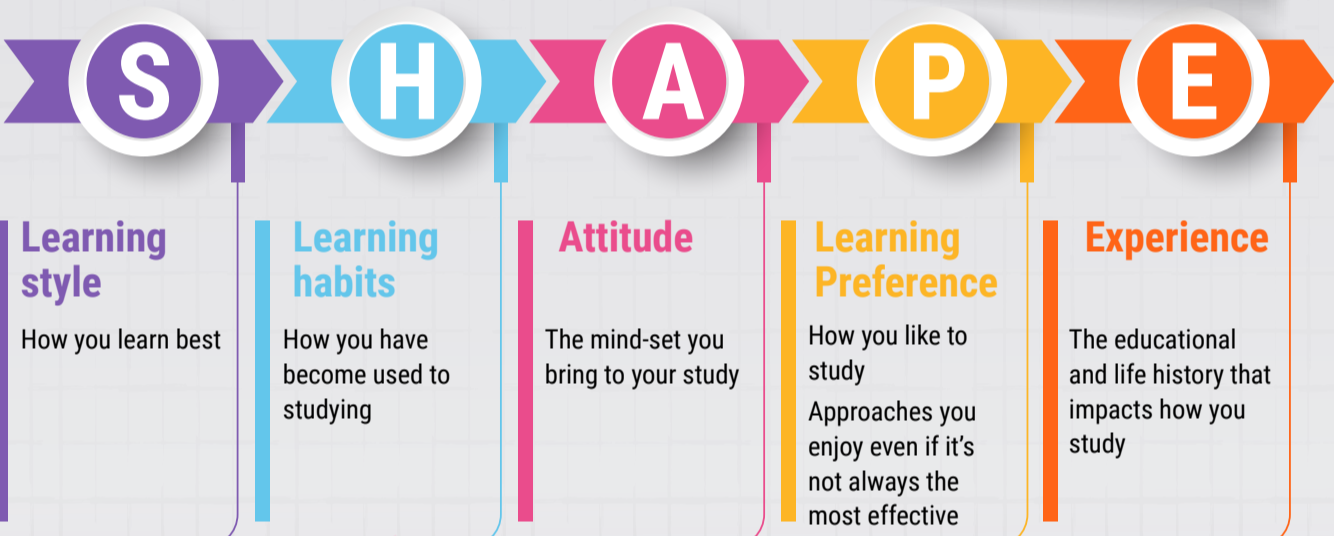
DID YOU KNOW?

Self-awareness of how you approach learning can help you make conscious choices about how:

- to study
- and manage your time while studying

TIP:

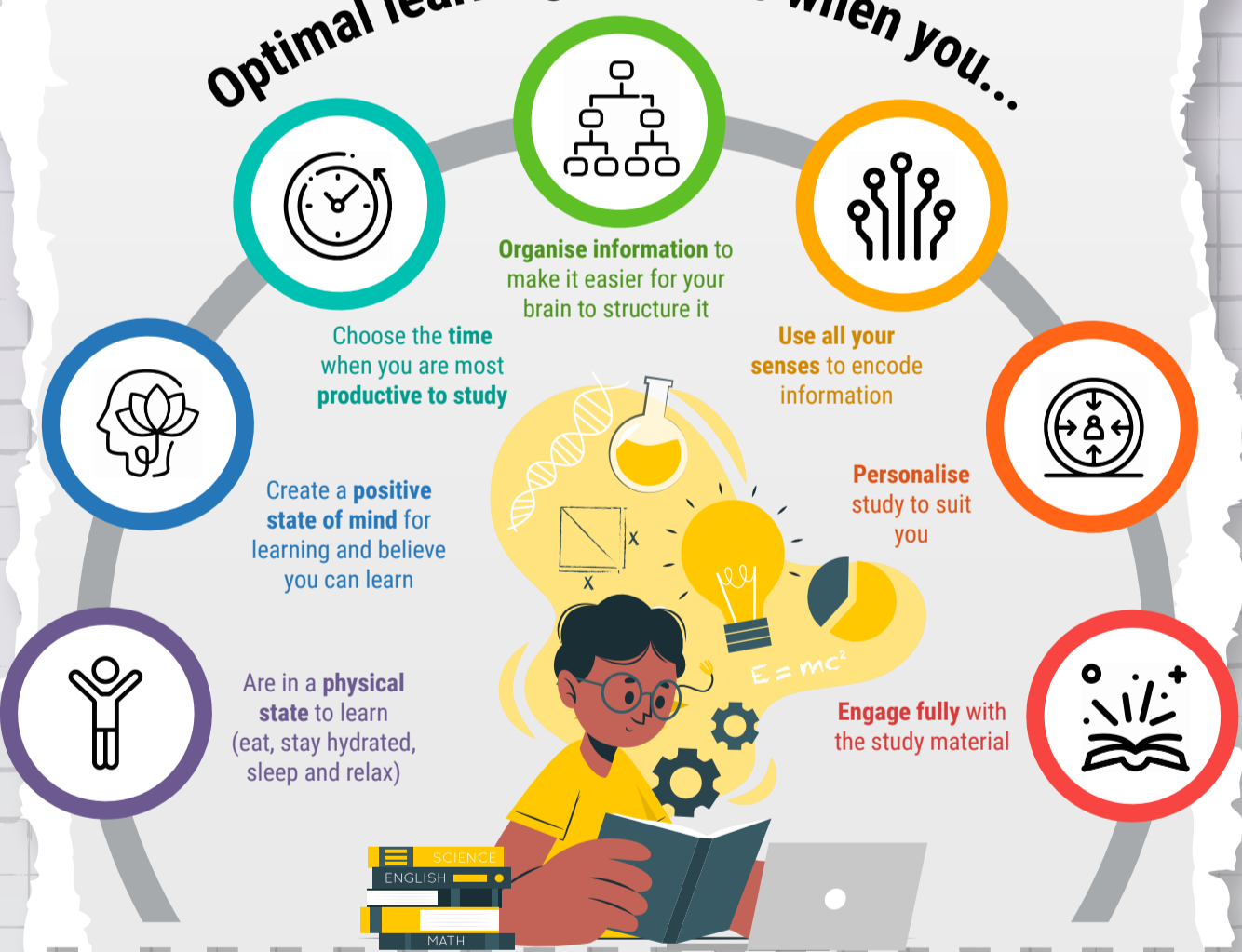
Analyse your **S-H-A-P-E** to learning and **personalise your learning** through creating study environments and **selecting strategies that suit you best** to engage with the study content effectively.



TIP:

Vary your study choices and strategies to gain the widest set of perspectives and skills

Optimal learning happens when you...



EXAM PREPARATION ACTION PLAN

- | | |
|---|--|
| <input type="checkbox"/> Start organising your notes | <input type="checkbox"/> Divide your time equally between modules |
| <input type="checkbox"/> View your notes critically and add where necessary | <input type="checkbox"/> Set aside time for practising past papers |
| <input type="checkbox"/> Work out what you must revise for each module | <input type="checkbox"/> Manage your time effectively |
| <input type="checkbox"/> Construct a revision timetable and stick to scheduled revision and study times | <input type="checkbox"/> Build up your writing speed |